

IRWINDALE RECREATION



# STEPPING STONES

Adult Program



**NEW CLASS!**

**MONDAYS**

**5PM - 5:30PM**

**JANUARY 11, 2021 - JUNE 7, 2021**



*Dan Diaz Recreation Center*  
16053 Calle de Paseo, Irwindale, CA 91706  
626-430-2224 [www.irwindaleca.gov](http://www.irwindaleca.gov)

#iRecROCKS





In this class you will walk on your own on whatever day and time suits you best. On Monday evenings we will come together via Zoom to talk about how our walks are going, if any cool new trails have been discovered and how walking is helping us feel healthier and happier. This group is meant to encourage each other and help each other start a healthier lifestyle.

Participants must have access to a computer, laptop or smart phone with audio/visual capabilities.

Those  
16 years of age  
and older are  
welcome to  
register.

**CLASS LED BY: AMANDA OROSCO  
AND DANIEL PAYNE**

**January 11th - June 7th @ 5pm**

***Registration is FREE***

*Residents may register Monday, December 14th - Thursday, February 4th*

*Non residents may register Monday, January 4th - Thursday, February 4th*

*To register contact Melissa Marez by emailing [mmarez@irwindaleca.gov](mailto:mmarez@irwindaleca.gov)  
or call 626-430-2225*

Remember when you walk to dress in  
comfortable clothes and walking shoes. Don't  
forget to bring your water!

The Irwindale Recreation Department may use photos, film, videotape or otherwise reproduce the image and/or voice of any person who participates in any City of Irwindale program, class or special event and use the same for any purpose without any payment, your participation in any event, class or program constitutes your permission to use your likeness.



For more information, please contact  
The Dan Diaz Recreation Center  
16053 Calle de Paseo, Irwindale, CA 91706  
626-430-2224 [www.irwindaleca.gov](http://www.irwindaleca.gov)

Hours of Operation  
Mon - Thurs 8am - 6pm.